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## PERFECT BOWLAND

*Andy Stansfield*

Much loved for the solitude of its bleak moorland populated by grouse and curlew, this unsung corner of North West England has a colourful side to its character too.

Covering 312 square miles, The Forest of Bowland Area of Outstanding Natural Beauty lies mainly in Lancashire with a corner in Yorkshire. Wild moorland lies at its heart, but it is fringed with farmland, and sparkles with rivers like the Lune, Wyre, Hodder and Ribble.

In his follow-up to the immensely popular *Discover Series* book on the area, Andy Stansfield focuses on the heart of the area and shows nature's vibrant palette at work as well as capturing its more dramatic moods.



**Andy Stansfield** is a Lancashire-based photographer, feature writer and author specialising in travel and outdoor leisure. Andy is a contributor to *Lancashire Life*, UK Regional Magazine of the Year 2007, on subjects relating to the Forest of Bowland in particular. His first book for Halsgrove *The Forest of Bowland & Pendle Hill* in the *Discover Series* is already a best seller and makes an excellent companion to this new volume.



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Running parallel to Langden Brook below it, this is a popular route for birdwatchers.



While not in the Forest of Bowland itself, Clitheroe is probably the most important gateway into the area from the east.



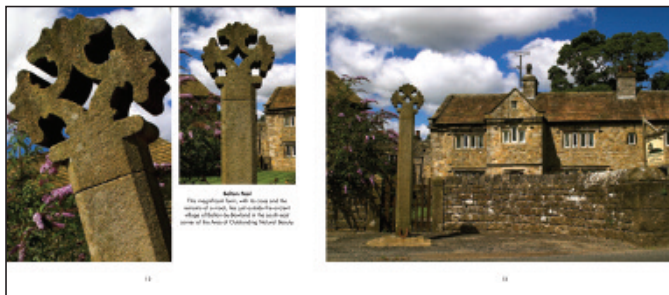
The Trough. The road from Dunsop Bridge winds through the sweeping landscape as it climbs to its high point.



Snow at such low levels is unusual, seen here looking across Bleasdale towards Parlick.



Bolton-by-Bowland Another attractive garden fronting a cottage in this tiny village in the east of the AONB.



Example of a double page spread.